



# Lynda Hayes

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Experienced Phlebotomist. Over 35 years in practice dealing with adults, pediatric, and neonatal patients.  
Venipuncture and specimen collection, Specimen processing, distribution, and central access.  
Primary laboratory communication liaison between physicians, nursing, physician offices, patients,  
and laboratory sections.

## Professional Experience:

02/2021 – Present

Phlebotomist  
BioReference Laboratories  
Rockville, MD

Venipuncture, processing, send outs, communicate results to physicians and patients in reference lab within doctors' offices and patient service centers.

02/2020 – 02/2021

Phlebotomist  
George Washington University Hospital  
Washington, DC

Venipuncture, processing, specimen collection as per out-patient lab and surgery center, bedside phlebotomy in full capacity hospital.

12/2015 – 03/2019

Medical Assistant  
FDA  
Silver Spring, MD

Assist Physicians, Venipuncture, Immunizations, other testing as needed, travel vaccinations and all other required testing for the military such as location testing. Answer phones, set appointments, schedule well visits.

07/2015 – 10/2015

Senior Level Phlebotomist/Medical Assistant  
Children National (Shaw location)  
Washington, DC

Venipuncture for all age groups in small six-doctor clinic. Assist with procedures, GYN exams, vaccines, well and sick child, Rx refills, patient follow up as per physician, triage, asthma action plan, lactation coach, cast and suture removal, leg and arm wraps (ace bandages) ear flush, hearing and eye screening, EMR and computer skills.

10/2013 – 06/2015

Phlebotomist/Medical Assistant  
Accu Reference Laboratories  
Rockville, MD

Assist physicians during GYN exams and procedures as needed as per request, wound care, assist with x-rays as needed, front desk clerical duties, Rx request, referrals in off-site draw station.  
Venipuncture, sample processing, aliquot samples according to test requirement, prepare blood, urine and stool sample for pick up, computer system utilizing the Thinkcentre program.

08/2010-06/2013

Phlebotomist  
Medix Staffing Solutions  
Rockville, MD

Venipuncture, sample processing, test request and requirements for inpatient and out-patient setting.

09/1999 – 07/2009

Phlebotomist/Diabetic Coach  
M. Bhaskar Rao, MD  
Bethesda, MD

Phlebotomy, EKG's Triage, ABN, FootSono, Diabetic coaching education, glucose, hemoglobin A1c monitoring, Insulin injections, Testosterone, pediatric and elderly vaccinations, Lancet piercing, glucometer, instruction, quality control of equipment.

02/1998 – 02/2000

Medical Assistant/Phlebotomist  
Cyigma Health Center  
Kensington, MD

EKG's, Sonograms, Holter monitors, IV's, Injections, Venipuncture, Triage, Phone prescriptions, Quality control, Pregnancy Testing both urine and blood, hematology, RH factors, Wet prep hem occult stool testing.

07/1996 – 03/1999

Phlebotomy Supervisor  
Suburban Hospital Center  
Bethesda, MD

Utilization of Medtech system, Accessing specimens, venipuncture, collection procedures and test collection requirements in outpatient, pediatric draw station. Report test results and perform Quality Controls of equipment. Maintain off-site unsupervised outpatient Medical Laboratory Technician/phlebotomist laboratory.

02/1993 – 09/1995

Medical Assistant  
Physician Clinical Services  
Glen Burnie, MD

Patient preparation for procedures, perform EKGs venipuncture, vital signs, Holter Monitors, pregnancy testing urine/serum quick strap screens, urinalysis, and hem occult evaluations.

03/1984 – 02/1989

IV Technician/Medical Laboratory Technician  
Henrico Doctor's Hospital  
Richmond, VA

Neonatal Critical Care Unit. Started IV's and infusion of respiratory medications, venipuncture with ABGs, Heparin Syringes, pediatric venipuncture and lancet piercing, Hem occult stool testing, urinalysis (dipstick).

## Education & Certifications:

Laboratory Technician Certification, Philadelphia, PA  
1983

Medical Transcriptionist, Medical Terminology and Human Behavior Certification  
– Philadelphia Training Center Philadelphia, PA  
1979

South Philly High School, Philadelphia, PA  
1977