



**Theresa A. Schmidt, PT, DPT, MS, OCS, LMT, CEAS**  
**Educise PC Health and Wellness**

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## Areas of Expertise

Over 25 years of experience in diverse clinical rehabilitation settings, course instruction, continuing education, and professional consultation. Dedicated to providing orthopedic physical therapy specialist consultations to achieve measurable outcomes. Expert clinician and educator with private practice, hospital, home care, school, administration, and academic experience. Excellent communicator, engaging presenter, expert consultant in orthopedic physical therapy and massage therapy practice.

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## Education and Credentials

**Doctorate in Physical Therapy**, University of New England – Portland, ME  
**Master of Science in Physical Therapy**, Long Island University – Brooklyn, NY  
**Bachelor of Science in Health Science**, Long Island University – Brooklyn, NY  
**Massage Therapy Diploma**, New York College for Health Professions, – Syosset, NY

*Licensure: New York, New Hampshire, Pennsylvania*

## Certifications

**Orthopedic Certified Specialist in Physical Therapy** – American Board of Physical Therapy Specialties  
**Approved Continuing Education Provider** – National Certification Board for Therapeutic Massage & Bodywork, Inc., and New York State Board of Massage Therapy

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## Professional Experience

**Private Practice, President**, EDUCISE P.C.– Newbury, NH - Present

Owner of orthopedic physical therapy and massage therapy clinic. Expert Consultant in physical and massage therapy practice and personal injury cases. Principal leader of nationwide professional continuing education seminars, webinars, and clinical coaching company

**Clinical Adjunct Faculty**, Community College System of New Hampshire - Present

Clinical instructor in physical therapy, including safe clinical performance, professional behavior and ethics, transfer and ambulation skills, equipment and modality applications, patient status judgments, modifying plan of care, competent delivery of PT interventions, multimodal rehabilitation, and medical documentation practice

**Acting Chair**, Physical Therapist Assistant Program/Assistant Professor, Physical Therapy, Touro College – New York, NY - Past

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## Legal Experience

Provide physical therapy, rehabilitation, and massage therapy expert opinions for plaintiffs and defendants. Medical records reviews, expert reports, and consultations

## Live Presentations & Publications

National presentations on a variety of rehabilitation subjects, such as musculoskeletal injury, soft tissue injury, clinical practice guidelines, orthopedic examination and rehabilitation, manual therapy and massage skills, and fall prevention topics

Organizational sponsorships including Cleveland Clinic, Johns Hopkins, WakeMed, Vanderbilt Medical, American Physical Therapy, Massage Therapy, and Occupational Therapy Associations, International Fascia Research Congress, and NASA Inomedic Health Applications, Inc. Published in peer-reviewed scientific journals and books

## Professional Associations

American Physical Therapy Association/Academy of Orthopedic Physical Therapy and Academy of Physical Therapy Education

American Massage Therapy Association

Fascia Research Society/Founding Member